

# Football Trainings Camp in Köln, Germany



## Targets of the Football Trainings Camp in Köln, Germany

- To know where his capacity with Football are
- To improve technical, tactical and physical skills in Football
- To improve regeneration skills for high performance sport
- To improve Nutrition work for high performance sport
- To understand the Football game at professional / Bundesliga level
- To form his talent and prepare himself for the professional Football
- To get information and learn more about the German University Education  
(German Sports University- leading sports university in the world)
- To learn how to be and to live independent
- To learn how to deal with daily schedule
- To improve his skills to communicate in Football and in general
- To improve his foreign languages (English, German)

## All - Inclusive Package

- Full transportation package (from/to Airport, training sessions, games, administrative issues etc. with official vehicle contractor Mercedes-Benz)
- All administrative activities (Registration at the Sport Complex, Registration at the Football Club, Registration at the German Sports University Mensa)
- Provide Team Training sessions in Köln, Germany

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**DEUTSCHLAND**

## **Provide Individual Training Package:**

- individual trainings under supervision of DFB-licensed coaches
- individual week plans with exercises
- observance by scouts from youth-training-centres
- frequent parent- / feedbacktalks
- personal mentoring
- high-quality training equipment

## **All- Inclusive Housing Package for the player**

- single apartment/room, Breakfast, Lunch and Dinner, cleaning & laundry services
- Access to Sports University Facilities (training, learning, eating)

## **Free Time Sports Program incl. visit a Bundesliga Game**

- Different sport, entertainment and touristic activities

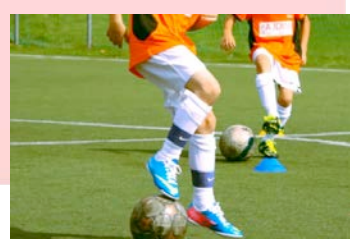
# BUNDESLIGA



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DEUTSCHLAND



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